



Sausalito Day Camp Packing List

Summer weather in the Bay can vary from gorgeous sunny days to wind and fog swept hillsides. We prepare ourselves for whatever comes our way so that we can enjoy ourselves both on the water and on land.

Sea Trek provides single and two-person kayaks and a variety of Stand Up Paddleboards. We provide kid sized paddle jackets with neck and wrist closures that are made especially for sea kayaking, wetsuits and personal flotation devices (lifejackets) that keep us insulated and buoyant while in the water.

The following is a list to help insure that your child is safe, warm and comfortable for the week. Please pack all of your child's belongings in a day pack or duffel to keep everything together so that we may keep everything safe while your child is on the water.

Daily

Lunch

Please pack a lunch and water bottle for each day of camp. It is also very helpful if it comes with the campers name on it.

Shoes

Any shoes that can get wet and stay on their feet such as old tennies, Teva type sandals, aquasocks or neoprene booties work just fine. Thong type sandals generally do not work because they often fall off and float away.

Shirt

We recommend a synthetic shirt made of fabrics such as polypropylene or capilene. These fabrics keep you warm when they get wet. Cotton does not do this. These shirts can be purchased at any outdoor retail store such as REI. Something long-sleeve is advised to prevent sunburn while on the beach.

Shorts/Pants

If it is cool the best combination is synthetic long underwear under shorts. If it is warm just shorts or bathing suit are fine. We provide wetsuits when necessary.

Extra Clothing

We suggest an extra set of shirt, shoes, pants, etc for the end of the day to change into especially if your child has been cold or wet during the day.

Miscellaneous Stuff

- _towel
- _hat or visor (this is key to prevent sunburn!)
- _sunscreen (waterproof and lots!! Stuff for the lips too)
- _sunglasses with retaining strap
- _water bottle (one that won't leak laying on its side)
- _camera (we can keep them dry while in a kayak)
- _day pack