



Channel Islands National Park 4-Day Expedition

Packing List

Provided

- A Farmer John-style wetsuit
- Pillow and blanket on bunk

Attire

- Water shoes or sandals with straps. Flip-flops may not be worn on kayaks.
- Hiking boots/sneakers: Comfortable lightweight cross-training sneakers are the best (moderate terrain, blazed trails).
- Lightweight base layer
- Warmer jacket
- Hooded sweatshirts
- Waterproof/windproof top layer
- Comfortable evening attire for dinner and evening socializing (nothing fancy)
- Kayak clothing: bathing suits and sun tops to be worn with the wetsuit; fleece layers will help with warmth.
- Sun hat: We recommend a baseball hat worn under the helmet when kayaking (helmets worn when kayaking due to nearby cliffs)

Personal Items

- Toiletries (toothbrush, toothpaste, etc.)
- Prescription and motion sickness medications
- Reef-safe sunscreen and lip protection: [Learn what makes sunscreen reef-safe.](#)
- Bedding and/or sleeping bag: Although a pillow and blanket is provided, we suggest a sleeping bag to stay warm in our climate-controlled bunk room. Each bunk has a privacy curtain.
- Sunglasses with retention strap
- Books for personal reading
- Alcoholic beverages and coolers with ice: You may enjoy these beverages after all water activities are complete; **once you imbibe you cannot dive.** Unless necessary for required medication, neither ice nor cold storage is available for personal use.
- Cash for gratuities for guides and crew



Activity Gear

- Day pack: 30L is a good size, enough to fit your hiking shoes (to keep dry when landing on San Miguel Island), water bottle, snack, sunscreen, and jacket.
- Reusable water bottle: Can be refilled onboard
- Camera: A nice camera for hikes and a waterproof camera for kayaking/snorkeling/diving are suggested. A reliable waterproof camera bag is recommended for the landing at San Miguel Island.
- Snorkeling gear: Available for rent at Dive Santa Barbara, a 5mm wetsuit is good thickness for all conditions. Once rented, the gear will be waiting for you onboard.
- SCUBA gear: Open water certification is required to SCUBA dive. If you plan to free dive or SCUBA dive, bring your gear set-up. Gear is available for rent at Dive Santa Barbara and will be waiting for you onboard.
- Fishing rods/gear, spearguns, etc: Individual license required for anyone over 16 planning to fish. Licenses may be purchased at Dive Santa Barbara.

NO MARIJUANA. NO DRONES.