



Sea Trek Sausalito Day Camp Packing List

Summer weather in the Bay can vary from gorgeous sunny days to wind and fog-swept hillsides. We prepare ourselves for whatever comes our way so we can enjoy ourselves on the water and on land.

Sea Trek provides single and two-person kayaks as well as a variety of stand-up paddleboards. We provide child-sized paddle jackets with neck and wrist closures that are made specifically for sea kayaking, wetsuits, and personal flotation devices (life jackets) that keep paddlers insulated and buoyant while in the water.

Lunch: Please pack a lunch and water bottle for each day of camp and label everything with the camper's name.

Shoes: Any shoes that can get wet and stay on their feet work just fine: old tennis shoes, Teva-type sandals, aqua socks, neoprene booties. Thong-type sandals (flip-flops) generally do not work as they often fall off and float away.

Shirts: We recommend synthetic shirts made of polypropylene or capilene. These fabrics keep you warm when they get wet; cotton does not. These shirts can be purchased at any outdoor retail store such as REI or Sports Basement. Long sleeves are advised for sun protection.

Shorts/Pants: If the weather is cool, the best combination is synthetic long underwear under shorts. If it's warm outside, just shorts or a bathing suit is fine. We provide wetsuits when necessary.

Extra Clothing: We suggest an extra set of shirt, pants, underwear, and shoes/socks for the end of the day to change into, especially if your child has been cold or wet during the day.

Miscellaneous Items:

- Towel
- Hat or visor
- Waterproof sunscreen
- Lip protection with sun protection in it
- Sunglasses with retaining strap
- Water bottle (ensure no leaks when on its side)
- Camera (can be kept dry while on the water)
- Day pack